

Our week at a glance... for Newborns

This Week's Theme:

Let's be Friends

Art Project:

Handprint Rainbow Fish- This storybook character is a true friend! He was so generous in the story to have shared his shinning scales with his friend fish! Materials: light blue construction paper, Sparkle Dobbers, sticker eye, and tinfoil circle cutout.



Play and Discovery:

Who is That? (6 weeks & up)

Watching their reflection in the mirror helps them learn to visually focus and track as well as to explore the social nature of faces.

Baby's First Books (3 months & up)

Even the youngest babies enjoy time spent snuggling, listening to words, and looking at colorful pictures. Suggested reading: "The Rainbow Fish." This is a great story about friendship.

Eyes, Nose, Mouth Toes (3 months & up)

"This is your face, this is your face." Before you know it, she'll or he'll be touching he own face when you say the word.

Large or Fine Muscle Stimulation:

Friendly Faces (3 months & up)

The combination of your baby's visual abilities and desire for human interaction makes them highly sensitive to cues provided by facial expressions. A book full of different faces gives her many to contemplate. He or she may simply stare at them—glancing from their eyes to their mouths and back again.

Stretching Out (3 months & up)

One arm up, one leg down... very gentle stretching is relaxing for babies. Gentle stretching exercises can help him or her become aware of their tiny arms and legs.

<u>Sign Language:</u>

Mommy/Mom/Mother

Extend and spread your fingers apart. With your pinkie facing forward tap your thumb on your chin.





Daddy/Dad/Father

Extend and spread out your five fingers on your strong hand. Tap your hand on your forehead.





Songs, Poems, or Nursery Rhymes:

"The More We Get Together"

Oh, the more we get together, Together, together, Oh, the more we get together, The happier we'll be.

For your friends are my friends, And my friends are your friends. Oh, the more we get together, The happier we'll be!

"Oh Where, Oh Where"

Oh where, oh where has my little dog gone? Oh where, oh where can he be? With his ears so short and his tail cut long, Oh where, oh where can he be?

Language Development:

Learning Names

Say familiar people's names in child's life. Examples: Saying Mom, Dad, child's own name, or child's sibling name. For a visual aid, display a picture of this special person in the child's life.

Babbling with Baby (3 months & up)

When s/he says "aaah," listen nod, and say "aaah" in return.
Then try changing the words slightly, by stretching them out ("bah!" becomes "baaaaaaaah") or even adding to them ("ooh " becomes "oooh-wah")
Encourage baby to mimic you will inspire them to try even more complex language patterns,

which will eventually result in their attempt to say words and then phrases

Sensory:

Tickle-Me Textures (6 weeks & up) The feathery texture makes him or her with pleasure.

Special Note to Parents: For this week's activities, Friendly Faces and Learning Names, we will be using headshot pictures of students and family members. Please bring in one or two pictures if possible. Thanks for supporting our learning!